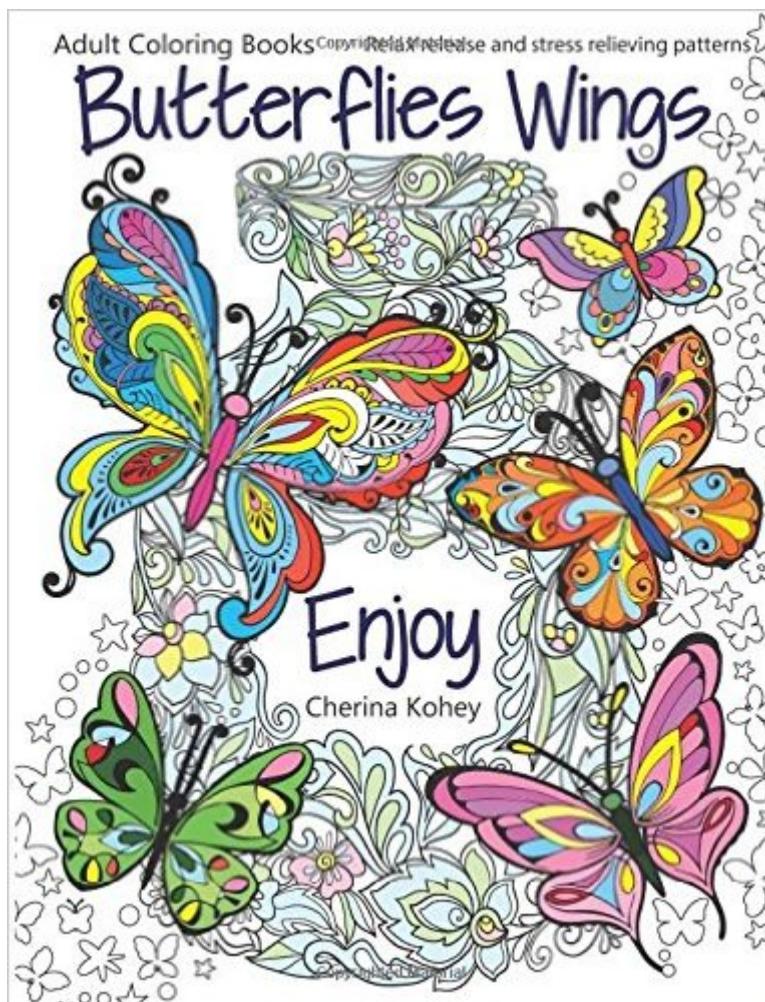


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# Adult Coloring Books: Butterflies Wings : Relax Release And Stress Relieving Patterns (Volume 15)



## Synopsis

Fly on the Wings of a Butterfly Release your negative energy, stress and worries and feel like you are flying on the wings of a butterfly as you color in the delicate butterfly wings. If you have a hectic job, troublesome neighbors or, basically, just have to deal with difficult people and situations every day, coloring in butterfly wings will transport you away into a world of calm and peace.

“Happiness is a butterfly, which when pursued, is always just beyond your grasp, but which, if you will sit down quietly, may alight upon you.” • Nathaniel Hawthorne You’ll find that giving your brain occasional opportunities to relax by coloring a beautiful butterfly will have a long-lasting effect on how you cope with daily stresses and difficult situations. That’s because coloring is a meditative pastime that allows you to refocus, clear your mind, unleash your creativity and relax. 30 beautiful butterflies to color and clear your mind Stunningly intricate butterfly wing patterns Each butterfly design is on a standalone page so there’s no bleed through of color Perfect for anyone who likes to relax and refocus after a long day Ideal for coloring parties with friends or as a gift for your loved ones What are benefit of Adult coloring book? Learn to Break Free from Stress When you sit down to color, your brain focuses on creating beautiful patterns. You’ll find that you develop the ability to set aside everything else to just relax into coloring. Rediscover Your Inner Child Think back to when you were a kid. How wonderful would it be to just immerse yourself in an activity like you did then, completely oblivious to what was going on around you. Now you can! Take some time to color in a butterfly, relax and be with your own thoughts. Take Your Time with Your Butterflies Your coloring book is your coloring book, so color your butterfly wings the way you want to “no one’s looking! Feel the freedom to experiment with color and patterns just like the great masters. Make Matisse, Monet and Van Gogh proud. Keep Your Mind Young, Active and Relaxed Did you know that coloring relaxes your mind, but also improves fine motor skills? Well it does. You’ll find that the more often you color, the more your vision, creativity and ability to color the most intricate details of the butterfly wings will improve. Your Butterfly Wings Coloring Book will bring you greater focus, help you to relax, instill a sense of calmness, and enable you to tackle life with a more positive, can-do outlook. When you finish coloring your 30 Butterfly Wings masterpieces, try out our other great coloring books for adults. TAGS: butterflies coloring book,adult coloring book butterflies and flowers,adult coloring book flowers,adult coloring book for women,adult coloring books best sellers for women, adult coloring book animals, adult coloring books stress relieving patterns, adult coloring books relaxation, adult coloring books relaxing

## Book Information

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## **Customer Reviews**

I have started coloring in my Coloring Book and it is so enjoyable. For this coloring book I'm using Gel Pens. I was afraid the colors would bleed onto the next page but it didn't which is a A+. It is very relaxing to color and so fun to see the page pop with color. I highly recommend the Butterflies Wings to help relax or for stress releasing.

Butterflies Wings is very unique beautiful designs. it's surprise me that it's have more details in the image which fit for the adult coloring lover but it's also fun for the beginner too!! My friend never intersted to coloring with me because I love coloring in very details image but when she see the image on this books she can coloring it in her way. I am very surprise with it. 555 so I really love it.Thank you very much to give me very fun with my friend first time. :))

Was more than I expected. Lots of pages and interesting designs. Very pleased.

This was a gift, along with coloring pencils. It's being enjoyed as the pictures are fantastic.

My daughter likes this one very much as she is wild about butterflies.

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Mandala Adult Coloring Book Stress Relieving Patterns Relaxation: coloring book for Adult and

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